

AGILITY PHYSICAL THERAPY

Discover the Agility Physical Therapy
Difference in Wellen Park..

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From left...
Mark McCloud PTA
Joyce Beltran PT
Getsi Perez-Lopez PTA
and Amanda Mitchel PTA

Agility Physical Therapy has solidified its reputation as a premier outpatient rehabilitation and sports performance center serving Venice, Florida and surrounding communities. This family-owned business is deeply rooted in the community and committed to offering cutting-edge, scientifically supported care. Their newest location in Downtown Wellen Park, now celebrating over a year of serving patients, is a testament to their growth and dedication. Strategically located in the heart of Wellen Park, the center is positioned to serve an active, transitional, and youthful retired community eager to maintain a vibrant lifestyle.

What sets Agility's Wellen Park location apart is its specialized care options, led by highly trained professionals. Joyce Beltran, a skilled physical therapist with a neuro background, brings her expertise to patients with Parkinson's disease. She offers the Big and Loud program, specifically designed

to improve movement and communication for Parkinson's patients. Additionally, Joyce specializes in treating vertigo and vestibular issues, services that are invaluable to many members of the local communities.

Complementing Joyce's expertise are three Physical Therapy Assistants (PTAs). Mark McCloud, a former golf pro, works with patients to regain their swing and get back on the green after hip or back surgeries, all while adhering to medical guidelines. Amanda Mitchell and Getsy Perez-Lopez complete the team, providing comprehensive care for a wide range of outpatient physical therapy needs, from injury rehabilitation to sports performance optimization.

The team at Agility Physical Therapy is as adept at working with young athletes as they are with seasoned sports enthusiasts. Whether it's a high school sprinter, a college soccer player, or a recreational pickleball enthusiast,



Agility offers injury prevention screenings, treatment, and performance enhancement programs. Their partnership with local pickleball clubs, including sponsorship of tournaments at Gran Paradiso and Island Walk, highlights their dedication to serving this fast-growing sport.

Agility Physical Therapy isn't just about rehabilitation—they're about community engagement. Jennifer McGaw, the practice liaison, leads the popular Walk-n-Talk program on Wellen Park's scenic trails, combining guided walks with personalized advice on starting and maintaining a walking routine, along with pre and post-stretch education. It's an inviting way for people of all ages and abilities to connect with a physical therapy professional in a casual setting.

Jennifer and the team eagerly collaborate with local organizations, offering workshops, educational sessions, and hands-on activities at local events. They're always ready to support Wellen Park's active lifestyle.

With a philosophy of giving back, Agility aims to deliver exceptional care, support the community, and assist those in need. For updates on events and programs visit their Facebook page (Agility Physical Therapy and Sports Performance) or follow them on Instagram.

Whether you're recovering from an injury, looking to enhance your sports performance, or simply aiming to stay active and healthy, Agility Physical Therapy in Wellen Park is here for you. Experience personalized, compassionate care that puts you at the center of your recovery journey!

For more information, call (941) 584-8320 check out their website. <https://improveyagility.com> or visit at 19790 Wellen Park Blvd, Suite 205, Venice, FL 34293.

