

Homemade Raspberry Sherbet



Ingredients

3 cups frozen raspberries or berries of choice

1/4 cup sweetened condensed milk

1/4 tsp. lemon extract (optional)

Fresh mint

Directions

Place raspberries and sweetened condensed milk into a blender. Process until smooth and creamy. Add lemon extract and blend a few seconds longer. Transfer the mixture into a container with a tight-fitted lid. Freeze for 4 to 6 hours or until firm. When ready to serve, scoop sherbet into dessert dishes and garnish with fresh mint.